

Source: William H. Frey, Brookings Institution and University of Michigan Social Science Data Analysis Network's analysis of 2010 Census Data

| Metropolitan Area | Population | | | | | |
|---------------------------------------|------------|-----------|-----------|-----------|-----------|-----------|
| | 1960 | 1970 | 1980 | 1990 | 2000 | 2010 |
| Abilene, TX | 128,306 | 122,164 | 139,192 | 148,004 | 160,245 | 165,252 |
| Akron, OH | 605,367 | 679,239 | 660,328 | 657,575 | 694,960 | 703,200 |
| Albany, GA | 115,851 | 126,744 | 146,291 | 146,574 | 157,833 | 157,308 |
| Albany-Schenectady-Troy, NY | 680,119 | 746,660 | 771,290 | 809,443 | 825,875 | 870,716 |
| Albuquerque, NM | 321,982 | 379,095 | 523,105 | 599,416 | 729,649 | 887,077 |
| Alexandria, LA | 124,681 | 131,749 | 151,985 | 149,082 | 145,035 | 153,922 |
| Allentown-Bethlehem-Easton, PA-NJ | 545,057 | 594,124 | 635,481 | 686,688 | 740,395 | 821,173 |
| Altoona, PA | 137,270 | 135,356 | 136,621 | 130,542 | 129,144 | 127,089 |
| Amarillo, TX | 159,240 | 152,649 | 182,365 | 196,144 | 226,522 | 249,881 |
| Ames, IA | 49,327 | 62,783 | 72,326 | 74,252 | 79,981 | 89,542 |
| Anchorage, AK | 82,833 | 131,051 | 192,247 | 266,021 | 319,605 | 380,821 |
| Anderson, IN | 125,819 | 138,451 | 139,336 | 130,669 | 133,358 | 131,636 |
| Anderson, SC | 98,478 | 105,474 | 133,235 | 145,196 | 165,740 | 187,126 |
| Ann Arbor, MI | 172,440 | 234,103 | 264,748 | 282,937 | 322,895 | 344,791 |
| Anniston-Oxford, AL | 95,878 | 103,092 | 119,761 | 116,034 | 112,249 | 118,572 |
| Appleton, WI | 124,062 | 146,960 | 159,666 | 174,801 | 201,602 | 225,666 |
| Asheville, NC | 223,165 | 245,573 | 282,836 | 308,001 | 369,171 | 424,858 |
| Athens-Clarke County, GA | 70,839 | 94,207 | 113,601 | 136,025 | 166,079 | 192,541 |
| Atlanta-Sandy Springs-Marietta, GA | 1,388,185 | 1,842,331 | 2,326,639 | 3,069,425 | 4,247,981 | 5,268,860 |
| Atlantic City-Hammonton, NJ | 160,880 | 175,043 | 194,119 | 224,327 | 252,552 | 274,549 |
| Auburn-Opelika, AL | 49,754 | 61,268 | 76,283 | 87,146 | 115,092 | 140,247 |
| Augusta-Richmond County, GA-SC | 279,020 | 325,010 | 382,795 | 435,763 | 499,684 | 556,877 |
| Austin-Round Rock, TX | 301,261 | 398,938 | 585,051 | 846,227 | 1,249,763 | 1,716,289 |
| Bakersfield, CA | 291,984 | 329,162 | 403,089 | 543,477 | 661,645 | 839,631 |
| Baltimore-Towson, MD | 1,820,314 | 2,089,092 | 2,199,531 | 2,382,172 | 2,552,994 | 2,710,489 |
| Bangor, ME | 126,346 | 125,393 | 137,015 | 146,601 | 144,919 | 153,923 |
| Barnstable Town, MA | 70,286 | 96,656 | 147,925 | 186,605 | 222,230 | 215,888 |
| Baton Rouge, LA | 393,937 | 467,346 | 591,383 | 623,853 | 705,973 | 802,484 |
| Battle Creek, MI | 138,858 | 141,963 | 141,557 | 135,982 | 137,985 | 136,146 |
| Bay City, MI | 107,042 | 117,339 | 119,881 | 111,723 | 110,157 | 107,771 |
| Beaumont-Port Arthur, TX | 330,645 | 345,939 | 375,497 | 361,226 | 385,090 | 388,745 |
| Bellingham, WA | 70,317 | 81,950 | 106,701 | 127,780 | 166,814 | 201,140 |
| Bend, OR | 23,100 | 30,442 | 62,142 | 74,958 | 115,367 | 157,733 |
| Billings, MT | 87,333 | 94,447 | 116,134 | 121,499 | 138,904 | 158,050 |
| Binghamton, NY | 250,463 | 268,328 | 263,460 | 264,497 | 252,320 | 251,725 |
| Birmingham-Hoover, AL | 812,094 | 833,075 | 930,281 | 956,844 | 1,052,238 | 1,128,047 |
| Bismarck, ND | 55,008 | 61,024 | 79,988 | 83,831 | 94,719 | 108,779 |
| Blacksburg-Christiansburg-Radford, VA | 86,771 | 105,058 | 129,780 | 140,715 | 151,272 | 162,958 |
| Bloomington, IN | 96,952 | 123,906 | 145,042 | 156,669 | 175,506 | 192,714 |
| Bloomington-Normal, IL | 83,877 | 104,389 | 119,149 | 129,180 | 150,433 | 169,572 |
| Boise City-Nampa, ID | 168,270 | 191,090 | 280,035 | 319,596 | 464,840 | 616,561 |
| Boston-Cambridge-Quincy, MA-NH | 3,516,435 | 3,918,092 | 3,938,585 | 4,133,895 | 4,391,344 | 4,552,402 |
| Boulder, CO | 74,254 | 131,889 | 189,625 | 225,339 | 291,288 | 294,567 |
| Bowling Green, KY | 53,576 | 66,183 | 81,790 | 87,030 | 104,166 | 125,953 |
| Bradenton-Sarasota-Venice, FL | 146,063 | 217,528 | 350,693 | 489,483 | 589,959 | 702,281 |
| Bremerton-Silverdale, WA | 84,176 | 101,732 | 147,152 | 189,731 | 231,969 | 251,133 |
| Bridgeport-Stamford-Norwalk, CT | 653,589 | 792,814 | 807,143 | 827,645 | 882,567 | 916,829 |
| Brownsville-Harlingen, TX | 151,098 | 140,368 | 209,727 | 260,120 | 335,227 | 406,220 |
| Brunswick, GA | 54,209 | 63,839 | 71,728 | 82,207 | 93,044 | 112,370 |
| Buffalo-Niagara Falls, NY | 1,306,957 | 1,349,211 | 1,242,826 | 1,189,288 | 1,170,111 | 1,135,509 |
| Burlington, NC | 85,674 | 96,362 | 99,319 | 108,213 | 130,800 | 151,131 |
| Burlington-South Burlington, VT | 106,826 | 133,987 | 154,935 | 177,059 | 198,889 | 211,261 |
| Canton-Massillon, OH | 361,202 | 393,789 | 404,421 | 394,106 | 406,934 | 404,422 |
| Cape Coral-Fort Myers, FL | 54,539 | 105,216 | 205,266 | 335,113 | 440,888 | 618,754 |
| Cape Girardeau-Jackson, MO-IL | 67,248 | 70,185 | 81,402 | 82,878 | 90,312 | 96,275 |
| Carson City, NV | - | 15,468 | 32,022 | 40,443 | 52,457 | 55,274 |
| Casper, WY | 49,623 | 51,264 | 71,856 | 61,226 | 66,533 | 75,450 |

Census Data

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|---|-----------|-----------|-----------|-----------|-----------|-----------|
| Cedar Rapids, IA | 181,014 | 205,966 | 213,825 | 210,640 | 237,230 | 257,940 |
| Champaign-Urbana, IL | 164,002 | 195,172 | 200,238 | 202,848 | 210,275 | 231,891 |
| Charleston, WV | 337,459 | 310,500 | 334,982 | 307,689 | 309,635 | 304,284 |
| Charleston-North Charleston-Summerville, SC | 278,961 | 336,125 | 430,462 | 506,875 | 549,033 | 664,607 |
| Charlotte-Gastonia-Concord, NC-SC | 615,714 | 741,118 | 855,482 | 1,024,643 | 1,330,448 | 1,758,038 |
| Charlottesville, VA | 85,090 | 101,231 | 125,772 | 143,885 | 174,021 | 201,559 |
| Chattanooga, TN-GA | 339,887 | 370,016 | 426,540 | 433,210 | 476,531 | 528,143 |
| Cheyenne, WY | 60,149 | 56,360 | 68,649 | 73,142 | 81,607 | 91,738 |
| Chicago-Naperville-Joliet, IL-IN-WI | 7,017,024 | 7,886,829 | 8,052,932 | 8,182,076 | 9,098,316 | 9,461,105 |
| Chico, CA | 82,030 | 101,969 | 143,851 | 182,120 | 203,171 | 220,000 |
| Cincinnati-Middletown, OH-KY-IN | 1,544,659 | 1,690,234 | 1,753,801 | 1,844,917 | 2,009,632 | 2,130,151 |
| Clarksville, TN-KY | 129,270 | 134,884 | 168,269 | 189,279 | 232,000 | 273,949 |
| Cleveland, TN | 50,484 | 62,355 | 81,149 | 87,355 | 104,015 | 115,788 |
| Cleveland-Elyria-Mentor, OH | 2,126,983 | 2,321,037 | 2,173,734 | 2,102,248 | 2,148,143 | 2,077,240 |
| Coeur d'Alene, ID | 29,556 | 35,332 | 59,770 | 69,795 | 108,685 | 138,494 |
| College Station-Bryan, TX | 72,229 | 82,366 | 120,554 | 150,998 | 184,885 | 228,660 |
| Colorado Springs, CO | 146,237 | 239,288 | 317,458 | 409,482 | 537,484 | 645,613 |
| Columbia, MO | 66,061 | 91,472 | 110,384 | 122,010 | 145,666 | 172,786 |
| Columbia, SC | 341,936 | 402,914 | 498,159 | 548,335 | 647,158 | 767,598 |
| Columbus, GA-AL | 234,629 | 255,203 | 259,957 | 266,450 | 281,768 | 294,865 |
| Columbus, IN | 48,198 | 57,022 | 65,088 | 63,657 | 71,435 | 76,794 |
| Columbus, OH | 977,790 | 1,170,780 | 1,270,313 | 1,405,168 | 1,612,694 | 1,836,536 |
| Corpus Christi, TX | 273,600 | 293,734 | 340,488 | 367,786 | 403,280 | 428,185 |
| Corvallis, OR | 39,165 | 53,776 | 68,211 | 70,811 | 78,153 | 85,579 |
| Cumberland, MD-WV | 106,523 | 107,153 | 107,782 | 101,643 | 102,008 | 103,299 |
| Dallas-Fort Worth-Arlington, TX | 1,777,776 | 2,424,486 | 3,017,178 | 3,989,294 | 5,161,544 | 6,371,773 |
| Dalton, GA | 52,556 | 68,094 | 85,474 | 98,609 | 120,031 | 142,227 |
| Danville, IL | 96,176 | 97,047 | 95,222 | 88,257 | 83,919 | 81,625 |
| Danville, VA | 104,873 | 105,180 | 111,789 | 108,711 | 110,156 | 106,561 |
| Davenport-Moline-Rock Island, IA-IL | 336,524 | 379,932 | 403,244 | 368,151 | 376,019 | 379,690 |
| Dayton, OH | 727,121 | 850,266 | 830,070 | 843,835 | 848,153 | 841,502 |
| Decatur, AL | 84,955 | 104,587 | 120,401 | 131,556 | 145,867 | 153,829 |
| Decatur, IL | 118,257 | 125,010 | 131,375 | 117,206 | 114,706 | 110,768 |
| Deltona-Daytona Beach-Ormond Beach, FL | 125,319 | 169,487 | 258,762 | 370,712 | 443,343 | 494,593 |
| Denver-Aurora, CO | 868,953 | 1,116,226 | 1,450,768 | 1,650,489 | 2,157,756 | 2,487,593 |
| Des Moines-West Des Moines, IA | 337,169 | 363,419 | 392,141 | 416,346 | 481,394 | 569,633 |
| Detroit-Warren-Livonia, MI | 3,949,720 | 4,431,390 | 4,353,413 | 4,248,699 | 4,452,557 | 4,296,250 |
| Dothan, AL | 88,314 | 91,752 | 114,187 | 120,352 | 130,861 | 145,639 |
| Dover, DE | 65,651 | 81,892 | 98,219 | 110,993 | 126,697 | 162,310 |
| Dubuque, IA | 80,048 | 90,609 | 93,745 | 86,403 | 89,143 | 93,653 |
| Duluth, MN-WI | 304,528 | 293,422 | 296,586 | 269,230 | 275,486 | 279,771 |
| Durham, NC | 208,144 | 245,856 | 292,419 | 344,625 | 426,493 | 504,357 |
| Eau Claire, WI | 103,396 | 114,936 | 130,932 | 137,543 | 148,337 | 161,151 |
| El Centro, CA | 72,105 | 74,492 | 92,110 | 109,303 | 142,361 | 174,528 |
| El Paso, TX | 314,070 | 359,291 | 479,899 | 591,610 | 679,622 | 800,647 |
| Elizabethtown, KY | 78,135 | 89,093 | 100,839 | 100,919 | 107,547 | 119,736 |
| Elkhart-Goshen, IN | 106,790 | 126,529 | 137,330 | 156,198 | 182,791 | 197,559 |
| Elmira, NY | 98,706 | 101,537 | 97,656 | 95,195 | 91,070 | 88,830 |
| Erie, PA | 250,682 | 263,654 | 279,780 | 275,572 | 280,843 | 280,566 |
| Eugene-Springfield, OR | 162,890 | 213,358 | 275,226 | 282,912 | 322,959 | 351,715 |
| Evansville, IN-KY | 286,297 | 298,241 | 324,240 | 324,858 | 342,815 | 358,676 |
| Fairbanks, AK | 43,412 | 45,864 | 53,983 | 77,720 | 82,840 | 97,581 |
| Fargo, ND-MN | 106,027 | 120,238 | 137,574 | 153,296 | 174,367 | 208,777 |
| Farmington, NM | 53,306 | 52,517 | 81,433 | 91,605 | 113,801 | 130,044 |
| Fayetteville, NC | 164,774 | 228,478 | 267,543 | 297,422 | 336,609 | 366,383 |
| Fayetteville-Springdale-Rogers, AR-MO | 112,935 | 149,656 | 204,899 | 239,464 | 347,045 | 463,204 |
| Flagstaff, AZ | 41,857 | 48,326 | 75,008 | 96,591 | 116,320 | 134,421 |
| Flint, MI | 374,313 | 444,341 | 450,449 | 430,459 | 436,141 | 425,790 |
| Florence, SC | 137,366 | 143,078 | 172,880 | 176,195 | 193,155 | 205,566 |

Census Data

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| Florence-Muscle Shoals, AL | 108,128 | 117,743 | 135,065 | 131,327 | 142,950 | 147,137 |
| Fond du Lac, WI | 75,085 | 84,567 | 88,964 | 90,083 | 97,296 | 101,633 |
| Fort Collins-Loveland, CO | 53,343 | 89,900 | 149,184 | 186,136 | 251,494 | 299,630 |
| Fort Smith, AR-OK | 145,323 | 171,722 | 218,216 | 234,078 | 273,170 | 298,592 |
| Fort Walton Beach-Crestview-Destin, FL | 61,175 | 88,187 | 109,920 | 143,776 | 170,498 | 180,822 |
| Fort Wayne, IN | 274,370 | 327,671 | 345,951 | 354,435 | 390,156 | 416,257 |
| Fresno, CA | 365,945 | 413,053 | 514,621 | 667,490 | 799,407 | 930,450 |
| Gadsden, AL | 96,980 | 94,144 | 103,057 | 99,840 | 103,459 | 104,430 |
| Gainesville, FL | 76,942 | 108,315 | 157,115 | 191,263 | 232,392 | 264,275 |
| Gainesville, GA | 49,739 | 59,405 | 75,649 | 95,428 | 139,277 | 179,684 |
| Glens Falls, NY | 92,478 | 102,127 | 109,649 | 118,539 | 124,345 | 128,923 |
| Goldsboro, NC | 82,059 | 85,408 | 97,054 | 104,666 | 113,329 | 122,623 |
| Grand Forks, ND-MN | 84,859 | 95,537 | 100,944 | 103,181 | 97,478 | 98,461 |
| Grand Junction, CO | 50,715 | 54,374 | 81,530 | 93,145 | 116,255 | 146,723 |
| Grand Rapids-Wyoming, MI | 462,217 | 523,050 | 577,019 | 645,914 | 740,482 | 774,160 |
| Great Falls, MT | 73,418 | 81,804 | 80,696 | 77,691 | 80,357 | 81,327 |
| Greeley, CO | 72,344 | 89,297 | 123,438 | 131,821 | 180,936 | 252,825 |
| Green Bay, WI | 168,474 | 202,758 | 223,766 | 243,698 | 282,599 | 306,241 |
| Greensboro-High Point, NC | 377,646 | 437,350 | 492,308 | 540,030 | 643,430 | 723,801 |
| Greenville, NC | 86,683 | 88,867 | 106,263 | 123,308 | 152,772 | 189,510 |
| Greenville-Mauldin-Easley, SC | 303,415 | 349,215 | 419,419 | 472,153 | 559,940 | 636,986 |
| Gulfport-Biloxi, MS | 140,541 | 160,070 | 191,918 | 207,875 | 246,190 | 248,820 |
| Hagerstown-Martinsburg, MD-WV | 133,386 | 148,732 | 170,572 | 192,774 | 222,771 | 269,140 |
| Hanford-Corcoran, CA | 49,954 | 64,610 | 73,738 | 101,469 | 129,461 | 152,982 |
| Harrisburg-Carlisle, PA | 371,653 | 410,626 | 446,576 | 474,242 | 509,074 | 549,475 |
| Harrisonburg, VA | 52,401 | 62,495 | 76,709 | 88,189 | 108,193 | 125,228 |
| Hartford-West Hartford-East Hartford, CT | 847,157 | 1,034,993 | 1,051,606 | 1,123,678 | 1,148,618 | 1,212,381 |
| Hattiesburg, MS | 75,142 | 82,123 | 99,703 | 109,603 | 123,812 | 142,842 |
| Hickory-Lenoir-Morganton, NC | 191,069 | 227,402 | 270,457 | 292,409 | 341,851 | 365,497 |
| Hinesville-Fort Stewart, GA | 18,361 | 21,315 | 42,107 | 58,947 | 71,914 | 77,917 |
| Holland-Grand Haven, MI | 98,719 | 128,181 | 157,174 | 187,768 | 238,314 | 263,801 |
| Honolulu, HI | 500,409 | 629,176 | 762,565 | 836,231 | 876,156 | 953,207 |
| Hot Springs, AR | 46,697 | 54,131 | 70,531 | 73,397 | 88,068 | 96,024 |
| Houma-Bayou Cane-Thibodaux, LA | 116,152 | 144,990 | 176,876 | 182,842 | 194,477 | 208,178 |
| Houston-Sugar Land-Baytown, TX | 1,601,067 | 2,201,848 | 3,148,991 | 3,767,335 | 4,715,407 | 5,946,800 |
| Huntington-Ashland, WV-KY-OH | 284,018 | 286,935 | 311,350 | 288,189 | 288,649 | 287,702 |
| Huntsville, AL | 153,861 | 228,239 | 242,971 | 293,047 | 342,376 | 417,593 |
| Idaho Falls, ID | 58,578 | 62,869 | 81,284 | 88,750 | 101,677 | 130,374 |
| Indianapolis-Carmel, IN | 976,426 | 1,145,871 | 1,208,115 | 1,294,217 | 1,525,104 | 1,756,241 |
| Iowa City, IA | 73,069 | 91,094 | 101,858 | 115,731 | 131,676 | 152,586 |
| Ithaca, NY | 66,164 | 76,879 | 87,085 | 94,097 | 96,501 | 101,564 |
| Jackson, MI | 131,994 | 143,274 | 151,495 | 149,756 | 158,422 | 160,248 |
| Jackson, MS | 301,776 | 333,339 | 411,982 | 446,941 | 497,197 | 539,057 |
| Jackson, TN | 70,224 | 75,654 | 87,273 | 90,801 | 107,377 | 115,425 |
| Jacksonville, FL | 529,532 | 621,519 | 737,541 | 925,213 | 1,122,750 | 1,345,596 |
| Jacksonville, NC | 82,706 | 103,126 | 112,784 | 149,838 | 150,355 | 177,772 |
| Janesville, WI | 113,913 | 131,970 | 139,420 | 139,510 | 152,307 | 160,331 |
| Jefferson City, MO | 85,986 | 93,814 | 112,997 | 120,704 | 140,052 | 149,807 |
| Johnson City, TN | 121,492 | 131,753 | 155,322 | 160,369 | 181,607 | 198,716 |
| Johnstown, PA | 203,283 | 186,785 | 183,263 | 163,029 | 152,598 | 143,679 |
| Jonesboro, AR | 78,137 | 78,890 | 90,271 | 93,620 | 107,762 | 121,026 |
| Joplin, MO | 108,956 | 112,753 | 127,513 | 134,910 | 157,322 | 175,518 |
| Kalamazoo-Portage, MI | 218,107 | 257,723 | 279,192 | 293,471 | 314,866 | 326,589 |
| Kankakee-Bradley, IL | 92,063 | 97,250 | 102,926 | 96,255 | 103,833 | 113,449 |
| Kansas City, MO-KS | 1,266,447 | 1,434,793 | 1,504,203 | 1,636,528 | 1,836,038 | 2,035,334 |
| Kennewick-Pasco-Richland, WA | 85,412 | 93,356 | 144,469 | 150,033 | 191,822 | 253,340 |
| Killeen-Temple-Fort Hood, TX | 127,476 | 169,117 | 226,661 | 268,822 | 330,714 | 405,300 |
| Kingsport-Bristol-Bristol, TN-VA | 225,640 | 241,123 | 278,316 | 275,678 | 298,484 | 309,544 |
| Kingston, NY | 118,804 | 141,241 | 158,158 | 165,304 | 177,749 | 182,493 |

Census Data

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| Knoxville, TN | 400,335 | 433,675 | 505,070 | 534,917 | 616,079 | 698,030 |
| Kokomo, IN | 85,365 | 99,848 | 103,715 | 96,946 | 101,541 | 98,688 |
| La Crosse, WI-MN | 89,053 | 98,024 | 109,438 | 116,401 | 126,838 | 133,665 |
| Lafayette, IN | 117,968 | 138,374 | 151,642 | 158,848 | 178,541 | 201,789 |
| Lafayette, LA | 113,719 | 142,169 | 190,231 | 208,740 | 239,086 | 273,738 |
| Lake Charles, LA | 152,384 | 153,609 | 176,559 | 177,394 | 193,568 | 199,607 |
| Lake Havasu City-Kingman, AZ | 7,736 | 25,857 | 55,865 | 93,497 | 155,032 | 200,186 |
| Lakeland-Winter Haven, FL | 195,139 | 227,222 | 321,652 | 405,382 | 483,924 | 602,095 |
| Lancaster, PA | 278,359 | 319,693 | 362,346 | 422,822 | 470,658 | 519,445 |
| Lansing-East Lansing, MI | 298,949 | 378,423 | 419,750 | 432,674 | 447,728 | 464,036 |
| Laredo, TX | 64,791 | 72,859 | 99,258 | 133,239 | 193,117 | 250,304 |
| Las Cruces, NM | 59,948 | 69,773 | 96,340 | 135,510 | 174,682 | 209,233 |
| Las Vegas-Paradise, NV | 127,016 | 273,288 | 463,087 | 741,459 | 1,375,765 | 1,951,269 |
| Lawrence, KS | 43,720 | 57,932 | 67,640 | 81,798 | 99,962 | 110,826 |
| Lawton, OK | 90,803 | 108,144 | 112,456 | 111,486 | 114,996 | 124,098 |
| Lebanon, PA | 90,853 | 99,665 | 108,582 | 113,744 | 120,327 | 133,568 |
| Lewiston, ID-WA | 39,975 | 44,175 | 50,043 | 51,359 | 57,961 | 60,888 |
| Lewiston-Auburn, ME | 86,312 | 91,279 | 99,657 | 105,259 | 103,793 | 107,702 |
| Lexington-Fayette, KY | 212,073 | 266,701 | 317,629 | 348,428 | 408,326 | 472,099 |
| Lima, OH | 103,691 | 111,144 | 112,241 | 109,755 | 108,473 | 106,331 |
| Lincoln, NE | 168,853 | 182,432 | 208,673 | 229,091 | 266,787 | 302,157 |
| Little Rock-North Little Rock-Conway, AR | 334,011 | 396,462 | 494,758 | 535,034 | 610,518 | 699,757 |
| Logan, UT-ID | 44,245 | 49,704 | 66,071 | 79,415 | 102,720 | 125,442 |
| Longview, TX | 125,650 | 131,007 | 169,464 | 180,053 | 194,042 | 214,369 |
| Longview, WA | 57,801 | 68,616 | 79,548 | 82,119 | 92,948 | 102,410 |
| Los Angeles-Long Beach-Santa Ana, CA | 6,742,696 | 8,452,461 | 9,410,212 | 11,273,720 | 12,365,627 | 12,828,837 |
| Louisville/Jefferson County, KY-IN | 872,647 | 990,050 | 1,054,048 | 1,055,973 | 1,161,975 | 1,283,566 |
| Lubbock, TX | 166,618 | 188,380 | 220,510 | 229,940 | 249,700 | 284,890 |
| Lynchburg, VA | 150,877 | 165,997 | 194,178 | 206,226 | 228,616 | 252,634 |
| Macon, GA | 173,963 | 180,597 | 198,483 | 206,616 | 222,368 | 232,293 |
| Madera, CA | 40,468 | 41,519 | 63,116 | 88,090 | 123,109 | 150,865 |
| Madison, WI | 278,434 | 349,728 | 386,569 | 432,323 | 501,774 | 568,593 |
| Manchester-Nashua, NH | 178,161 | 223,941 | 276,608 | 336,073 | 380,841 | 400,721 |
| Manhattan, KS | 82,650 | 96,654 | 108,139 | 113,720 | 108,999 | 127,081 |
| Mankato-North Mankato, MN | 67,581 | 76,840 | 79,243 | 82,120 | 85,712 | 96,740 |
| Mansfield, OH | 117,761 | 129,997 | 131,205 | 126,137 | 128,852 | 124,475 |
| McAllen-Edinburg-Mission, TX | 180,904 | 181,535 | 283,229 | 383,545 | 569,463 | 774,769 |
| Medford, OR | 73,962 | 94,533 | 132,456 | 146,389 | 181,269 | 203,206 |
| Memphis, TN-MS-AR | 811,082 | 911,123 | 997,844 | 1,067,263 | 1,205,204 | 1,316,100 |
| Merced, CA | 90,446 | 104,629 | 134,560 | 178,403 | 210,554 | 255,793 |
| Miami-Fort Lauderdale-Pompano Beach, FL | 1,497,099 | 2,236,645 | 3,220,844 | 4,056,100 | 5,007,564 | 5,564,635 |
| Michigan City-La Porte, IN | 95,111 | 105,342 | 108,632 | 107,066 | 110,106 | 111,467 |
| Midland, TX | 67,717 | 65,433 | 82,636 | 106,611 | 116,009 | 136,872 |
| Milwaukee-Waukesha-West Allis, WI | 1,278,850 | 1,403,688 | 1,397,143 | 1,432,149 | 1,500,741 | 1,555,908 |
| Minneapolis-St. Paul-Bloomington, MN-WI | 1,646,709 | 2,026,715 | 2,198,190 | 2,538,834 | 2,968,806 | 3,279,833 |
| Missoula, MT | 44,663 | 58,263 | 76,016 | 78,687 | 95,802 | 109,299 |
| Mobile, AL | 314,301 | 317,308 | 364,980 | 378,643 | 399,843 | 412,992 |
| Modesto, CA | 157,294 | 194,506 | 265,900 | 370,522 | 446,997 | 514,453 |
| Monroe, LA | 119,287 | 133,834 | 160,408 | 162,881 | 170,053 | 176,441 |
| Monroe, MI | 101,120 | 118,479 | 134,659 | 133,600 | 145,945 | 152,021 |
| Montgomery, AL | 233,890 | 238,682 | 285,940 | 305,175 | 346,528 | 374,536 |
| Morgantown, WV | 82,850 | 89,169 | 105,484 | 104,546 | 111,200 | 129,709 |
| Morristown, TN | 67,091 | 77,584 | 97,335 | 100,591 | 123,081 | 136,608 |
| Mount Vernon-Anacortes, WA | 51,350 | 52,381 | 64,138 | 79,555 | 102,979 | 116,901 |
| Muncie, IN | 110,938 | 129,219 | 128,587 | 119,659 | 118,769 | 117,671 |
| Muskegon-Norton Shores, MI | 149,943 | 157,426 | 157,589 | 158,983 | 170,200 | 172,188 |
| Myrtle Beach-North Myrtle Beach-Conway, SC | 68,247 | 69,992 | 101,419 | 144,053 | 196,629 | 269,291 |
| Napa, CA | 65,890 | 79,140 | 99,199 | 110,765 | 124,279 | 136,484 |
| Naples-Marco Island, FL | 15,753 | 38,040 | 85,971 | 152,099 | 251,377 | 321,520 |

Census Data

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|--|------------|------------|------------|------------|------------|------------|
| Nashville-Davidson--Murfreesboro--Franklin, TN | 646,434 | 749,686 | 912,662 | 1,048,216 | 1,311,789 | 1,589,934 |
| New Haven-Milford, CT | 660,315 | 744,948 | 761,337 | 804,219 | 824,008 | 862,477 |
| New Orleans-Metairie-Kenner, LA | 969,326 | 1,124,397 | 1,282,305 | 1,264,391 | 1,316,510 | 1,167,764 |
| New York-Northern New Jersey-Long Island, NY-NJ-PA | 15,346,313 | 17,062,309 | 16,363,540 | 16,846,046 | 18,323,002 | 18,897,109 |
| Niles-Benton Harbor, MI | 149,865 | 163,875 | 171,276 | 161,378 | 162,453 | 156,813 |
| Norwich-New London, CT | 185,745 | 230,348 | 238,409 | 254,957 | 259,088 | 274,055 |
| Ocala, FL | 51,616 | 69,030 | 122,488 | 194,833 | 258,916 | 331,298 |
| Ocean City, NJ | 48,555 | 59,554 | 82,266 | 95,089 | 102,326 | 97,265 |
| Odessa, TX | 90,995 | 91,805 | 115,374 | 118,934 | 121,123 | 137,130 |
| Ogden-Clearfield, UT | 178,341 | 229,289 | 296,073 | 351,799 | 442,656 | 547,184 |
| Oklahoma City, OK | 591,608 | 723,527 | 871,821 | 971,042 | 1,095,421 | 1,252,987 |
| Olympia, WA | 55,049 | 76,894 | 124,264 | 161,238 | 207,355 | 252,264 |
| Omaha-Council Bluffs, NE-IA | 535,717 | 616,392 | 653,889 | 685,797 | 767,041 | 865,350 |
| Orlando-Kissimmee, FL | 394,899 | 522,575 | 804,925 | 1,224,852 | 1,644,561 | 2,134,411 |
| Oshkosh-Neenah, WI | 107,928 | 129,931 | 131,703 | 140,320 | 156,763 | 166,994 |
| Owensboro, KY | 85,273 | 95,628 | 103,781 | 104,681 | 109,875 | 114,752 |
| Oxnard-Thousand Oaks-Ventura, CA | 199,138 | 376,430 | 529,174 | 669,016 | 753,197 | 823,318 |
| Palm Bay-Melbourne-Titusville, FL | 111,435 | 230,006 | 272,959 | 398,978 | 476,230 | 543,376 |
| Palm Coast, FL | 4,566 | 4,454 | 10,913 | 28,701 | 49,832 | 95,696 |
| Panama City-Lynn Haven, FL | 67,131 | 75,283 | 97,740 | 126,994 | 148,217 | 168,852 |
| Parkersburg-Marietta-Vienna, WV-OH | 141,535 | 155,406 | 171,072 | 161,907 | 164,624 | 162,056 |
| Pascagoula, MS | 66,620 | 100,434 | 133,312 | 131,916 | 150,564 | 162,246 |
| Pensacola-Ferry Pass-Brent, FL | 203,376 | 243,075 | 289,782 | 344,406 | 412,153 | 448,991 |
| Peoria, IL | 334,898 | 362,791 | 387,732 | 358,552 | 366,899 | 379,186 |
| Philadelphia-Camden-Wilmington, PA-NJ-DE-MD | 4,757,462 | 5,317,407 | 5,240,039 | 5,435,468 | 5,687,147 | 5,965,343 |
| Phoenix-Mesa-Scottsdale, AZ | 726,183 | 1,035,438 | 1,599,970 | 2,238,480 | 3,251,876 | 4,192,887 |
| Pine Bluff, AR | 102,764 | 104,847 | 111,955 | 106,958 | 107,341 | 100,258 |
| Pittsburgh, PA | 2,768,938 | 2,759,443 | 2,648,991 | 2,468,289 | 2,431,087 | 2,356,285 |
| Pittsfield, MA | 142,135 | 149,402 | 145,110 | 139,352 | 134,953 | 131,219 |
| Pocatello, ID | 53,453 | 57,064 | 72,265 | 73,112 | 83,103 | 90,656 |
| Port St. Lucie, FL | 56,226 | 78,871 | 151,196 | 251,071 | 319,426 | 424,107 |
| Portland-South Portland-Biddeford, ME | 304,946 | 327,556 | 384,250 | 441,257 | 487,568 | 514,098 |
| Portland-Vancouver-Beaverton, OR-WA | 881,961 | 1,083,977 | 1,341,491 | 1,523,741 | 1,927,881 | 2,226,009 |
| Poughkeepsie-Newburgh-Middletown, NY | 359,742 | 443,952 | 504,658 | 567,109 | 621,517 | 670,301 |
| Prescott, AZ | 28,912 | 36,733 | 68,145 | 107,714 | 167,517 | 211,033 |
| Providence-New Bedford-Fall River, RI-MA | 1,257,976 | 1,391,026 | 1,421,795 | 1,509,789 | 1,582,997 | 1,600,852 |
| Provo-Orem, UT | 111,588 | 142,350 | 223,636 | 269,407 | 376,774 | 526,810 |
| Pueblo, CO | 118,707 | 118,238 | 125,972 | 123,051 | 141,472 | 159,063 |
| Punta Gorda, FL | 12,594 | 27,559 | 58,460 | 110,975 | 141,627 | 159,978 |
| Racine, WI | 141,781 | 170,838 | 173,132 | 175,034 | 188,831 | 195,408 |
| Raleigh-Cary, NC | 260,773 | 317,010 | 401,981 | 541,100 | 797,071 | 1,130,490 |
| Rapid City, SD | 70,239 | 75,967 | 91,078 | 103,221 | 112,818 | 126,382 |
| Reading, PA | 275,414 | 296,382 | 312,509 | 336,523 | 373,638 | 411,442 |
| Redding, CA | 59,468 | 77,640 | 115,715 | 147,036 | 163,256 | 177,223 |
| Reno-Sparks, NV | 85,311 | 121,763 | 195,126 | 257,193 | 342,885 | 425,417 |
| Richmond, VA | 634,400 | 742,503 | 839,502 | 949,244 | 1,096,957 | 1,258,251 |
| Riverside-San Bernardino-Ontario, CA | 809,782 | 1,143,146 | 1,558,182 | 2,588,793 | 3,254,821 | 4,224,851 |
| Roanoke, VA | 210,773 | 230,011 | 260,081 | 268,398 | 288,309 | 308,707 |
| Rochester, MN | 95,798 | 114,365 | 126,114 | 141,945 | 163,618 | 186,011 |
| Rochester, NY | 800,658 | 961,516 | 971,230 | 1,002,410 | 1,037,831 | 1,054,323 |
| Rockford, IL | 230,091 | 272,063 | 279,514 | 283,719 | 320,204 | 349,431 |
| Rocky Mount, NC | 115,228 | 111,463 | 123,141 | 133,235 | 143,026 | 152,392 |
| Rome, GA | 69,130 | 73,742 | 79,800 | 81,251 | 90,565 | 96,317 |
| Sacramento--Arden-Arcade--Roseville, CA | 654,893 | 844,425 | 1,099,814 | 1,481,102 | 1,796,857 | 2,149,127 |
| Saginaw-Saginaw Township North, MI | 190,752 | 219,743 | 228,059 | 211,946 | 210,039 | 200,169 |
| Salem, OR | 147,411 | 186,658 | 249,895 | 278,024 | 347,214 | 390,738 |
| Salinas, CA | 198,351 | 250,071 | 290,444 | 355,660 | 401,762 | 415,057 |
| Salisbury, MD | 68,673 | 73,160 | 83,728 | 97,779 | 109,391 | 125,203 |
| Salt Lake City, UT | 406,576 | 486,031 | 655,297 | 768,075 | 968,858 | 1,124,197 |

Census Data

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| San Angelo, TX | 65,813 | 72,117 | 86,170 | 100,087 | 105,781 | 111,823 |
| San Antonio, TX | 796,792 | 951,876 | 1,154,648 | 1,407,745 | 1,711,703 | 2,142,508 |
| San Diego-Carlsbad-San Marcos, CA | 1,033,011 | 1,357,854 | 1,861,846 | 2,498,016 | 2,813,833 | 3,095,313 |
| San Francisco-Oakland-Fremont, CA | 2,648,762 | 3,109,519 | 3,250,630 | 3,686,592 | 4,123,740 | 4,335,391 |
| San Jose-Sunnyvale-Santa Clara, CA | 657,711 | 1,082,940 | 1,320,076 | 1,534,274 | 1,735,819 | 1,836,911 |
| San Luis Obispo-Paso Robles, CA | 81,044 | 105,690 | 155,435 | 217,162 | 246,681 | 269,637 |
| Sandusky, OH | 68,000 | 75,909 | 79,655 | 76,779 | 79,551 | 77,079 |
| Santa Barbara-Santa Maria-Goleta, CA | 168,962 | 264,324 | 298,694 | 369,608 | 399,347 | 423,895 |
| Santa Cruz-Watsonville, CA | 84,219 | 123,790 | 188,141 | 229,734 | 255,602 | 262,382 |
| Santa Fe, NM | 44,970 | 53,756 | 75,360 | 98,928 | 129,292 | 144,170 |
| Santa Rosa-Petaluma, CA | 147,375 | 204,885 | 299,681 | 388,222 | 458,614 | 483,878 |
| Savannah, GA | 204,669 | 207,938 | 230,728 | 258,060 | 293,000 | 347,611 |
| Scranton--Wilkes-Barre, PA | 598,316 | 595,490 | 597,420 | 575,264 | 560,625 | 563,631 |
| Seattle-Tacoma-Bellevue, WA | 1,428,803 | 1,832,896 | 2,093,112 | 2,559,164 | 3,043,878 | 3,439,809 |
| Sebastian-Vero Beach, FL | 25,309 | 35,992 | 59,896 | 90,208 | 112,947 | 138,028 |
| Sheboygan, WI | 86,484 | 96,660 | 100,935 | 103,877 | 112,646 | 115,507 |
| Sherman-Denison, TX | 73,043 | 83,225 | 89,796 | 95,021 | 110,595 | 120,877 |
| Shreveport-Bossier City, LA | 305,729 | 317,467 | 358,806 | 359,687 | 375,965 | 398,604 |
| Sioux City, IA-NE-SD | 138,320 | 133,285 | 135,532 | 131,350 | 143,053 | 143,577 |
| Sioux Falls, SD | 118,373 | 124,088 | 139,076 | 153,500 | 187,093 | 228,261 |
| South Bend-Mishawaka, IN-MI | 275,546 | 288,357 | 291,116 | 296,529 | 316,663 | 319,224 |
| Spartanburg, SC | 156,830 | 173,724 | 201,861 | 226,800 | 253,791 | 284,307 |
| Spokane, WA | 278,333 | 287,487 | 341,835 | 361,364 | 417,939 | 471,221 |
| Springfield, IL | 155,787 | 171,020 | 187,789 | 189,550 | 201,437 | 210,170 |
| Springfield, MA | 587,446 | 642,241 | 646,148 | 672,970 | 680,014 | 692,942 |
| Springfield, MO | 175,455 | 209,084 | 259,036 | 298,818 | 368,374 | 436,712 |
| Springfield, OH | 131,440 | 157,115 | 150,236 | 147,548 | 144,742 | 138,333 |
| St. Cloud, MN | 97,632 | 116,241 | 133,348 | 148,976 | 167,392 | 189,093 |
| St. George, UT | 10,271 | 13,669 | 26,065 | 48,560 | 90,354 | 138,115 |
| St. Joseph, MO-KS | 118,443 | 115,240 | 119,358 | 115,816 | 122,336 | 127,329 |
| St. Louis, MO-IL | 2,262,624 | 2,535,725 | 2,503,549 | 2,580,897 | 2,698,687 | 2,812,896 |
| State College, PA | 78,580 | 99,267 | 112,760 | 123,786 | 135,758 | 153,990 |
| Stockton, CA | 249,989 | 290,208 | 347,342 | 480,628 | 563,598 | 685,306 |
| Sumter, SC | 74,941 | 79,425 | 88,243 | 102,637 | 104,646 | 107,456 |
| Syracuse, NY | 563,781 | 636,507 | 642,971 | 659,864 | 650,154 | 662,577 |
| Tallahassee, FL | 131,014 | 157,317 | 211,810 | 259,096 | 320,304 | 367,413 |
| Tampa-St. Petersburg-Clearwater, FL | 820,443 | 1,105,553 | 1,613,603 | 2,067,959 | 2,395,997 | 2,783,243 |
| Terre Haute, IN | 172,069 | 175,143 | 176,583 | 166,578 | 170,943 | 172,425 |
| Texarkana, TX-Texarkana, AR | 91,657 | 101,198 | 113,067 | 120,132 | 129,749 | 136,027 |
| Toledo, OH | 594,151 | 644,262 | 656,940 | 654,157 | 659,188 | 651,429 |
| Topeka, KS | 182,381 | 197,358 | 203,953 | 210,257 | 224,551 | 233,870 |
| Trenton-Ewing, NJ | 266,392 | 303,968 | 307,863 | 325,824 | 350,761 | 366,513 |
| Tucson, AZ | 265,660 | 351,667 | 531,443 | 666,880 | 843,746 | 980,263 |
| Tulsa, OK | 503,090 | 574,229 | 711,652 | 761,019 | 859,532 | 937,478 |
| Tuscaloosa, AL | 142,184 | 142,567 | 164,166 | 176,173 | 192,034 | 219,461 |
| Tyler, TX | 86,350 | 97,096 | 128,366 | 151,309 | 174,706 | 209,714 |
| Utica-Rome, NY | 330,771 | 340,670 | 320,180 | 316,633 | 299,896 | 299,397 |
| Valdosta, GA | 71,535 | 75,806 | 91,178 | 99,244 | 119,560 | 139,588 |
| Vallejo-Fairfield, CA | 134,597 | 169,941 | 235,203 | 340,421 | 394,542 | 413,344 |
| Victoria, TX | 68,496 | 76,466 | 93,574 | 99,394 | 111,663 | 115,384 |
| Vineland-Millville-Bridgeton, NJ | 106,850 | 121,374 | 132,866 | 138,053 | 146,438 | 156,898 |
| Virginia Beach-Norfolk-Newport News, VA-NC | 733,244 | 1,061,909 | 1,207,044 | 1,449,389 | 1,576,370 | 1,671,683 |
| Visalia-Porterville, CA | 168,403 | 188,322 | 245,738 | 311,921 | 368,021 | 442,179 |
| Waco, TX | 150,091 | 147,553 | 170,755 | 189,123 | 213,517 | 234,906 |
| Warner Robins, GA | 39,154 | 62,924 | 77,605 | 89,208 | 110,765 | 139,900 |
| Washington-Arlington-Alexandria, DC-VA-MD-WV | 2,306,600 | 3,140,929 | 3,397,935 | 4,122,914 | 4,796,183 | 5,582,170 |
| Waterloo-Cedar Falls, IA | 157,722 | 169,772 | 177,147 | 158,640 | 163,706 | 167,819 |
| Wausau, WI | 88,874 | 97,457 | 111,270 | 115,400 | 125,834 | 134,063 |
| Weirton-Steubenville, WV-OH | 167,756 | 165,627 | 163,099 | 142,523 | 132,008 | 124,454 |

Census Data

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|-----------------------------------|---------|---------|---------|---------|---------|---------|
| Wenatchee, WA | 55,634 | 58,142 | 67,205 | 78,455 | 99,219 | 110,884 |
| Wheeling, WV-OH | 190,342 | 182,712 | 185,566 | 159,301 | 153,172 | 147,950 |
| Wichita Falls, TX | 137,989 | 135,700 | 137,930 | 140,375 | 151,524 | 151,306 |
| Wichita, KS | 432,807 | 440,141 | 466,772 | 511,111 | 571,166 | 623,061 |
| Williamsport, PA | 109,367 | 113,296 | 118,416 | 118,710 | 120,044 | 116,111 |
| Wilmington, NC | 110,528 | 125,368 | 161,463 | 200,124 | 274,532 | 362,315 |
| Winchester, VA-WV | 48,756 | 55,246 | 69,234 | 84,168 | 102,997 | 128,472 |
| Winston-Salem, NC | 251,274 | 281,584 | 329,807 | 361,448 | 421,961 | 477,717 |
| Worcester, MA | 583,228 | 637,969 | 646,352 | 709,705 | 750,963 | 798,552 |
| Yakima, WA | 145,112 | 144,971 | 172,508 | 188,823 | 222,581 | 243,231 |
| York-Hanover, PA | 238,336 | 272,603 | 312,963 | 339,574 | 381,751 | 434,972 |
| Youngstown-Warren-Boardman, OH-PA | 636,525 | 663,178 | 659,649 | 613,622 | 602,964 | 565,773 |
| Yuba City, CA | 67,239 | 86,671 | 101,979 | 122,643 | 139,149 | 166,892 |
| Yuma, AZ | 46,235 | 60,827 | 90,554 | 106,895 | 160,026 | 195,751 |

